# Are game elements fueling learners' motivation via positive affect?









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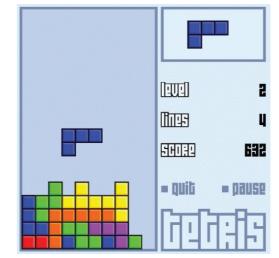




GALA 2023 – Dublin, Ireland

#### **Background**



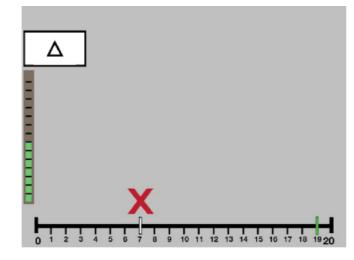




- O Game elements can make a difference for learning... (Mayer, 2020; URL: https://lccn.loc.gov/2019009508)
- ...but sometimes apparently not...
- ...and sometimes it seems just not that simple

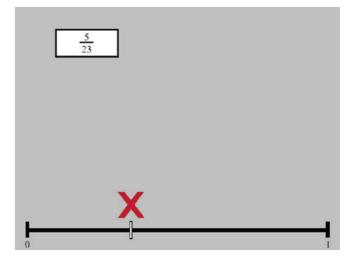
Associative learning: Differences in engagement, affect, motivation, but not overall recall





#### Fraction estimation: No difference in accuracy

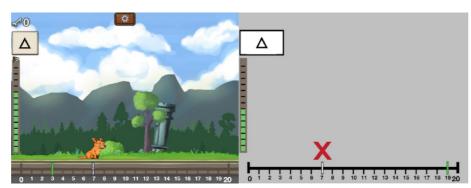


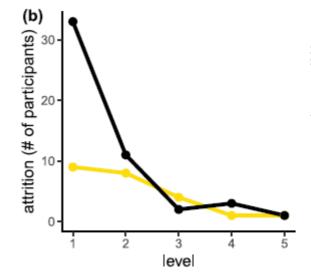


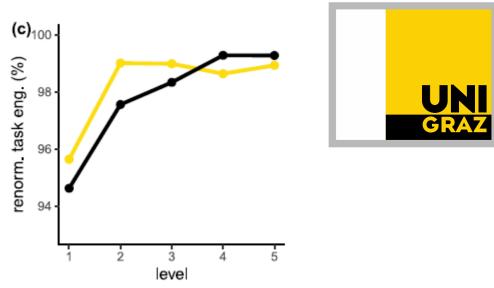
(Ninaus et al., 2023; doi:10.1007/s11423-023-10263-8)

(Huber et al., 2023; doi:10.1016/j.chb.2023.107948)

#### **Background**







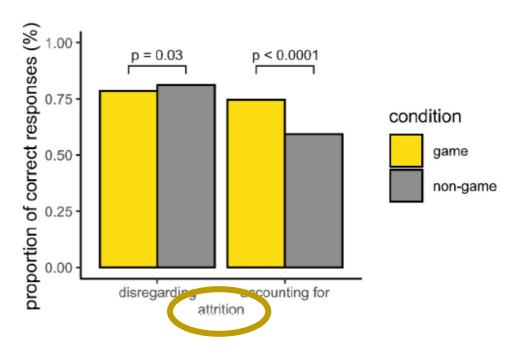
O Game elements can influence **emotional engagement** and...

(Ninaus et al., 2019 doi:10.1016/j.compedu.2019.103641; Greipl et al., 2021; doi:10.1145/3474667)

...behavioral engagement & disengagement...

(Huber et al., 2023; doi:10.1016/j.chb.2023.107948)

- ...which can make an important difference for cognitive outcomes.
- O How do game elements "make the distinction that makes the difference"?

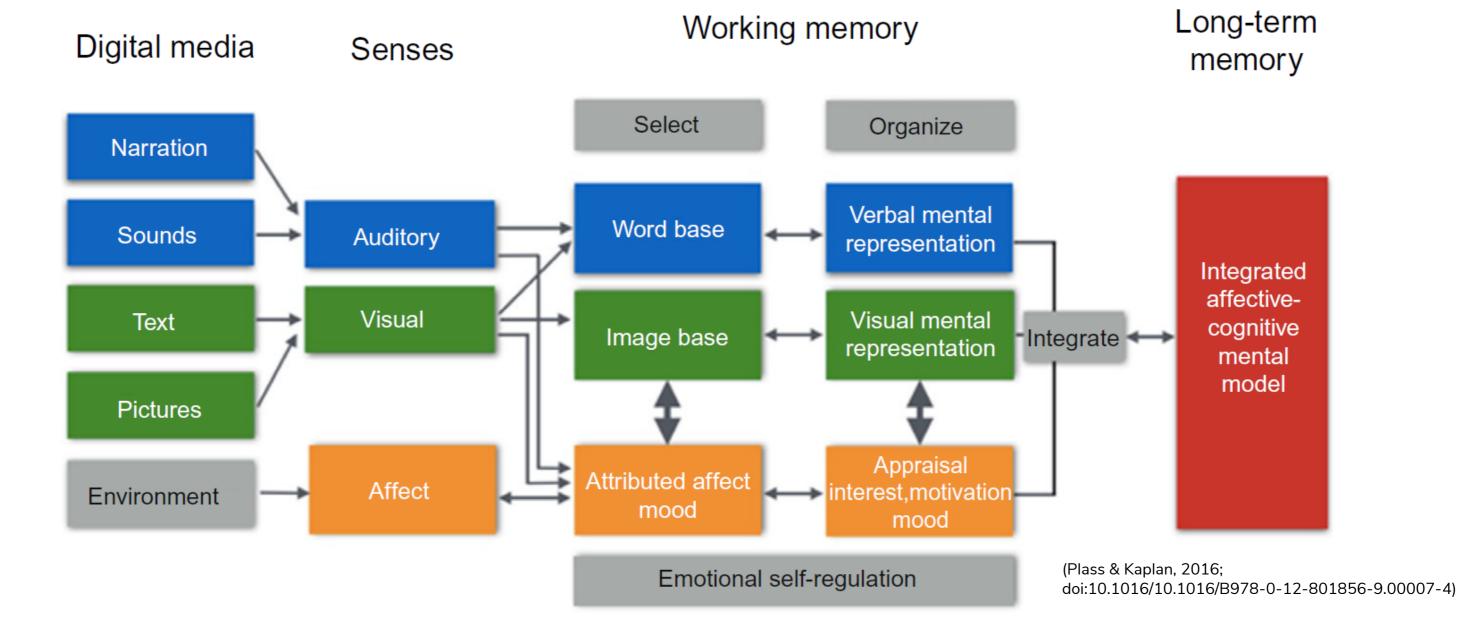


How does it work?

# **Background**

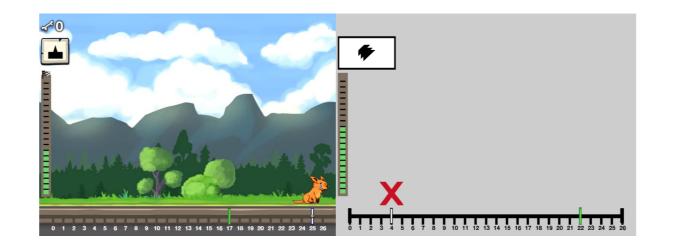


Integrated cognitive affective model of learning with multimedia (ICALM):



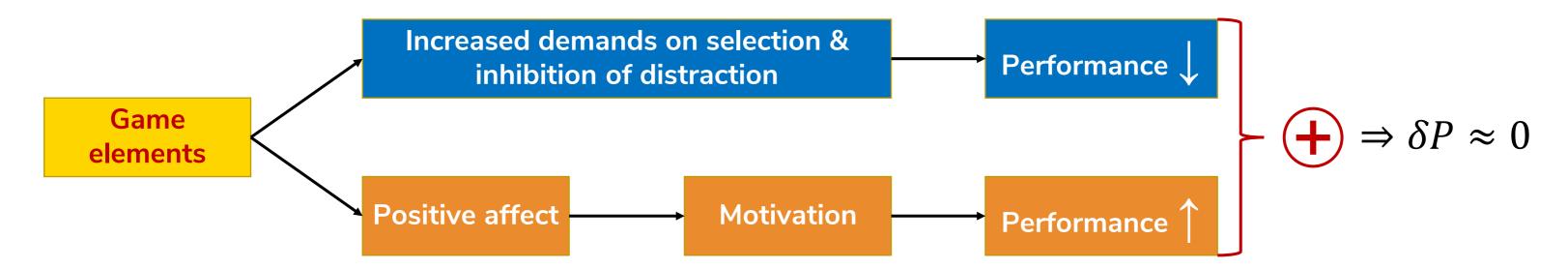
Theroetical framework: ICALM

#### Research question





Is our current experimental paradigm in line with this simple conceptual framework?



O Could this scheme be a viable explanation for our previous results?

(Huber et al., 2023; doi:10.1016/j.chb.2023.107948)

Research question 5

# Specific hypotheses



- 1. Cognitive learning outcomes are very similar between task conditions.
- 2. Task versions differ regarding affective and motivational outcomes.
- 3. The effect of game elements on cognitive outcomes is partially mediated by motivational differences.
- 4. The effect of game elements on motivational outcomes is partially mediated by affective differences.

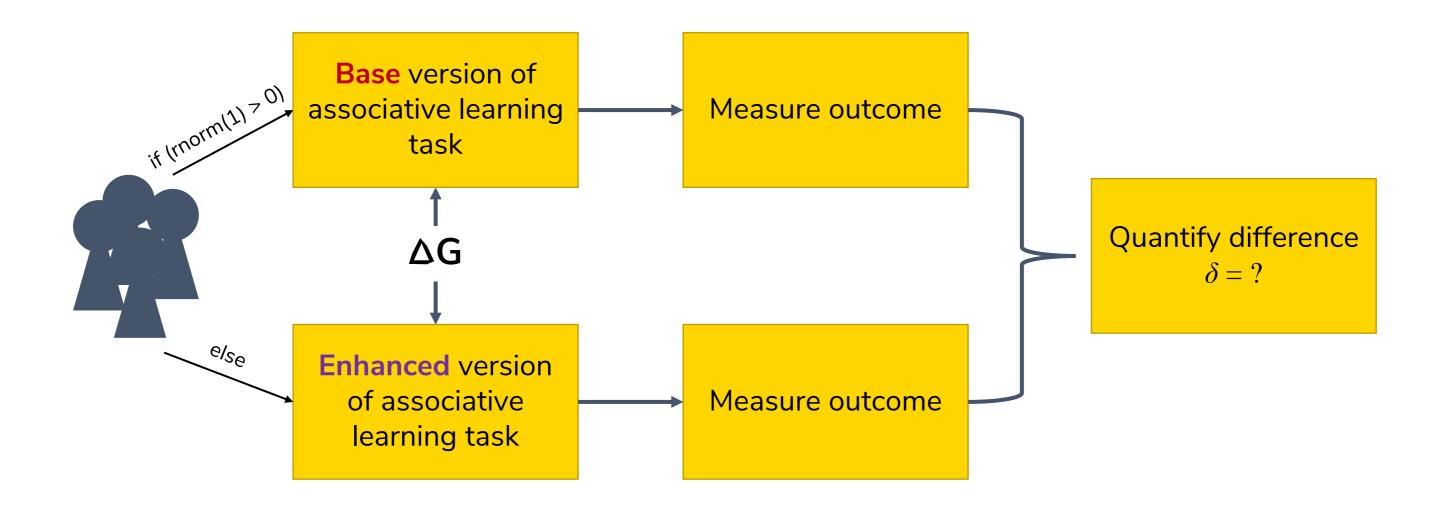
potheses

## **Experimental setup**



#### Typical value-added experiment

(Mayer, 2020; URL: https://lccn.loc.gov/2019009508)



Value-added experiment

# Learning task



#### Associative learning task:

- Unknown associations between symbols and numbered positions on number line
- In each trial a symbol is presented and arrow keys + space bar are used to select position on number line
- Corrective feedback after each trial
- 20 symbols per level
- 5 consecutive levels
- Goal: Learn as many associations as possible over 5 levels

#### $\bigcirc$ Game elements ( $\triangle$ G):

- Visual aesthetics
- Narrative
- Scoring system

Base (or "non-game") version: Enhanced (or "game") version:

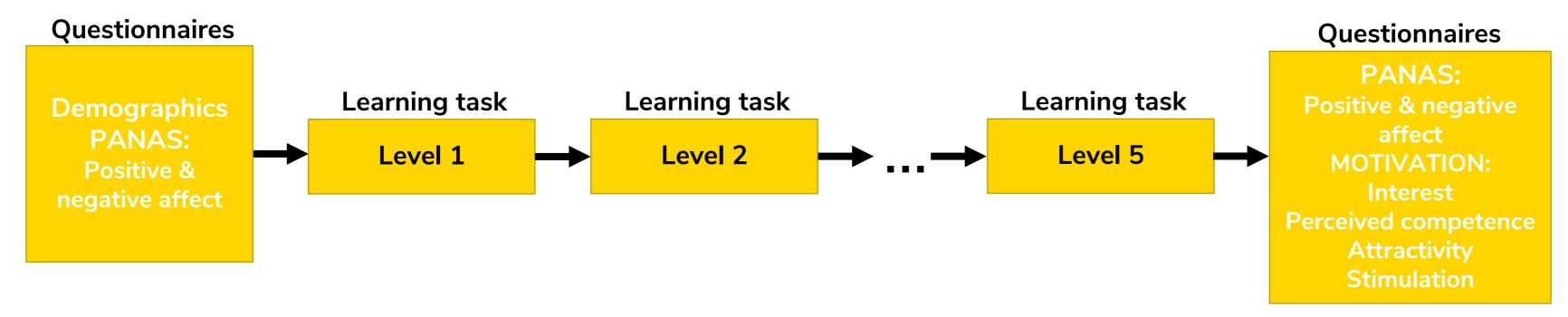
Based on the NumberTrace engine (<a href="https://www.youtube.com/watch?v=T7s7xSILrac">https://www.youtube.com/watch?v=T7s7xSILrac</a>

Learning task

## Participants & study design



- $\bigcirc$  n = 61; 44 female, 15 male, 2 diverse; 18-64 years (Mdn = 24, MAD = 4.45 years); mostly students
- Online study with compensation (course credit)
- O Cognitive outcomes: efficacy ( $N_{corr}(5)$ ), efficiency (rate constant c in  $N_{corr}(L) = N_{max}[1 e^{-c(L-1)}]$ )



PANAS: 20 adjectives given (e.g., excited or distressed). Rating of intensity from 1 (not at all) to 5 (very much). (Breyer & Bluemke, 2016) Interest – Example: "The activity in the learning task was fun." || 1 (Not at all) to 5 (Completely).

Perceived competence – Example: "I am satisfied with my performance." || 1 (Not at all) to 5 (Completely).

Attractivity: How enjoyable, good, pleasing, pleasant, attractive, friendly was the task? On a scale 1-7.

Stimulation: How valuable, exciting, interesting, motivating was the task? On a scale 1-7.

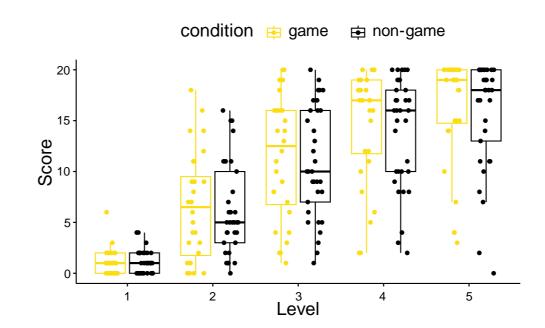
What did we do?

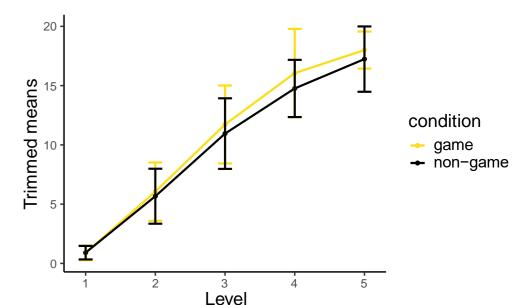
#### **Results: Cognitive outcomes**

Hypothesis 1: Cognitive learning outcomes are very similar between task conditions.

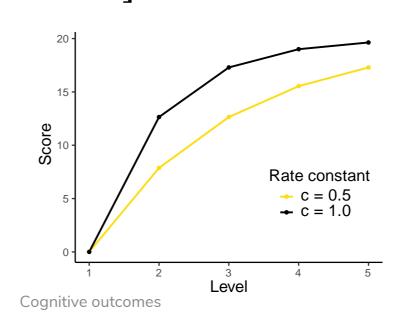


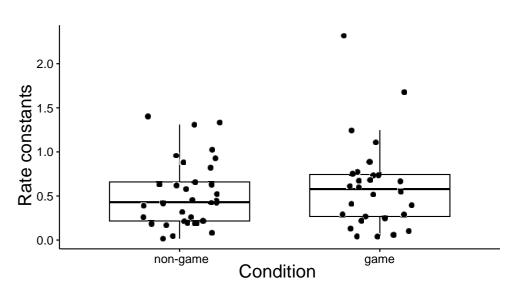
Chairmann Learning efficacy: not significantly different at level 5,  $Y_t = 0.57, p = 0.452, \delta_t = 0.15.$ 





Charming efficiency: Rate constant c in  $N_{corr}(L) = N_{max} \left[ 1 - e^{-c(L-1)} \right]$  not significantly different,  $Y_t = 0.48, \, p = 0.479, \, \delta_t = 0.18.$ 





#### Results: Affective and motivational outcomes



Hypothesis 2: Task versions differ regarding affective and motivational outcomes.

- No significant differences in
  - Pre-post change of negative affect:

$$Y_t = 1.67, p = 0.090, \delta_t = 0.48$$

• Interest (subscale of intrinsic motivation questionnaire):

$$Y_t = 0.56, p = 0.538, \delta_t = 0.16$$

- Significant differences in
  - Pre-post change of positive affect:

$$t(53.78) = 2.01, p = 0.049, d = 0.52$$

• Competence (subscale of intrinsic motivation questionnaire):

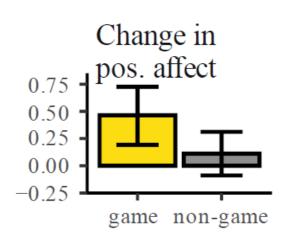
$$t(58.42) = 3.52$$
,  $p < 0.001$ ,  $d = 0.89$ 

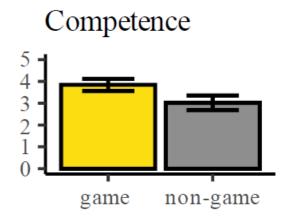
Attractivity (subscale of UEQ):

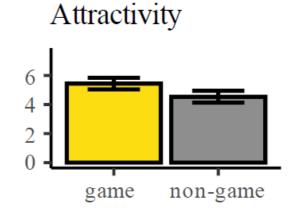
$$Y_t = 3.00, p = 0.003, \delta_t = 0.82$$

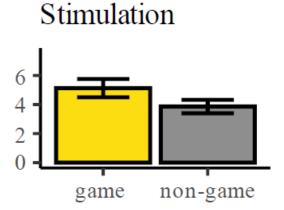
• Stimulation (subscale of UEQ):

$$Y_t = 3.17, p < 0.001, \delta_t = 0.87$$





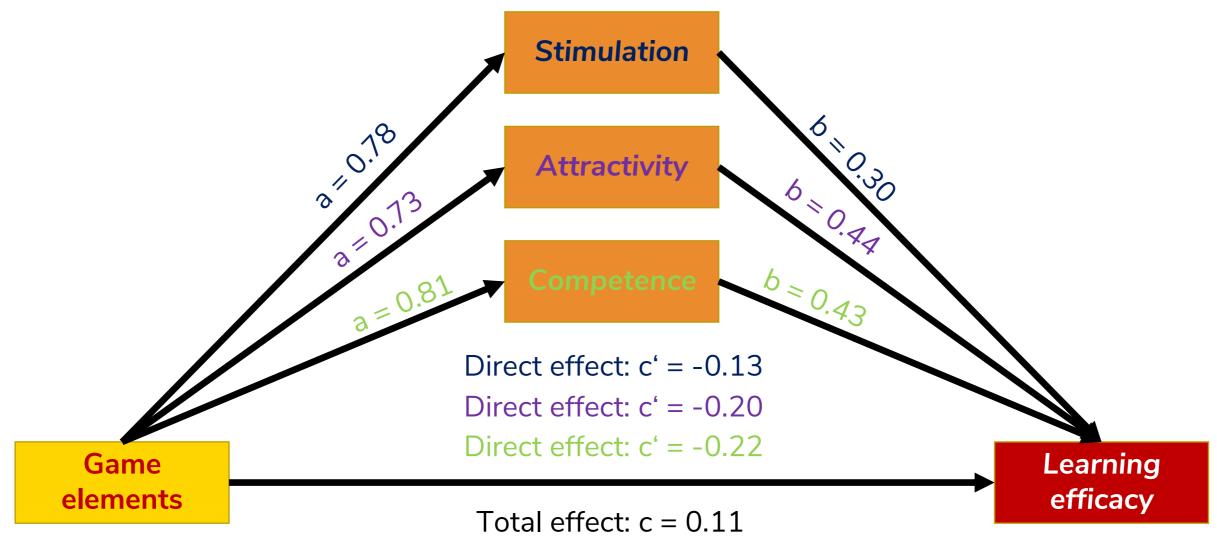




#### **Results: Mediation 1**

UNI

Hypothesis 3: Effect of game elements on cognitive outcomes is partially mediated by motivational differences.



Indirect effect: ab = 0.26 [0.05, 0.60]\*

Indirect effect: ab = 0.45 [0.15, 0.85]\*

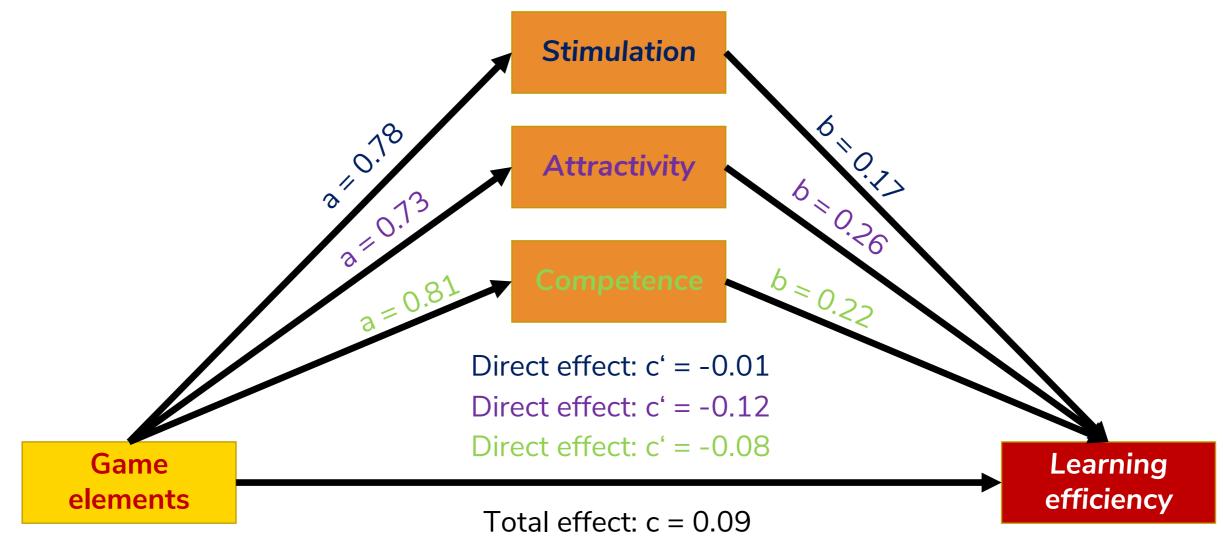
Indirect effect: ab = 0.39 [0.12, 0.73]\*

Mediation 1 12

#### **Results: Mediation 1**

UNI

Hypothesis 3: Effect of game elements on cognitive outcomes is partially mediated by motivational differences.



Indirect effect: ab = 0.12 [-0.03, 0.37]

Indirect effect: ab = 0.24 [0.03, 0.55]\*

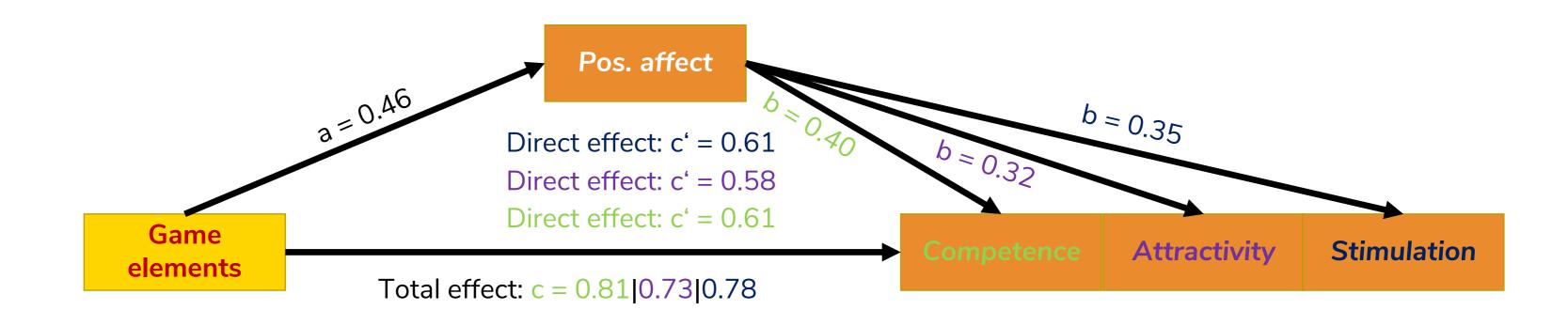
Indirect effect: ab = 0.18 [-0.01, 0.47]

Mediation 1 13

#### **Results: Mediation 2**

UNI

Hypothesis 4: Effect of game elements on motivational outcomes is partially mediated by affective differences.



Indirect effect: ab = 0.18 [0.01, 0.44]\*

Indirect effect: ab = 0.17 [0.01, 0.42]\*

Indirect effect: ab = 0.21 [0.01, 0.48]\*

Mediation 2

# Discussion: Specific hypotheses



- 1. Cognitive learning outcomes are very similar between task conditions.  $\checkmark$
- 2. Task versions differ regarding affective and motivational outcomes.
- 3. Effect of game elements on cognitive outcomes is partially mediated by motivational differences.
- 4. Effect of game elements on motivational outcomes is partially mediated by affective differences.

# So are game elements fueling learners' motivation via positive affect?

Momentary conclusion: In case of our task... And our experimental setup... And our contextual and all other constraints and assumptions... Partially, maybe...

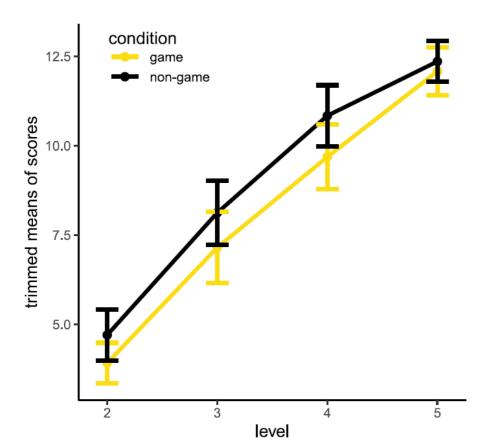
Discussion: Hypotheses

#### **Discussion: Other findings**



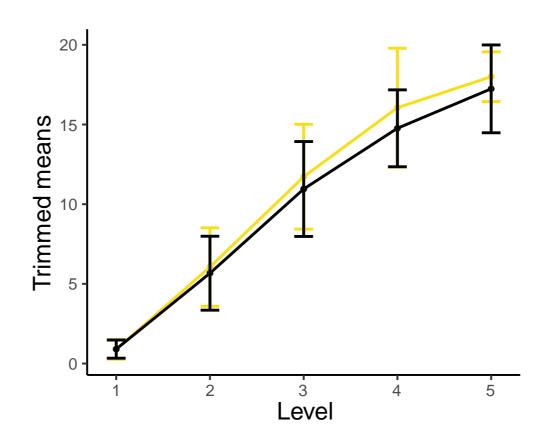
#### O Previously:

(Huber et al., 2023; doi:10.1016/j.chb.2023.107948)



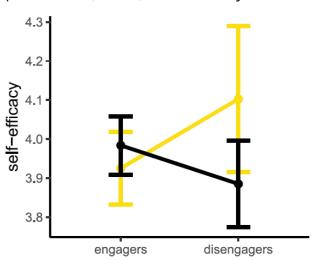
Online & almost no compensation

#### O Now:



Online for course credit

(Huber et al., 2023; doi:10.1016/j.chb.2023.107948)



→ It seems as if indeed those who would need it the most are most likely to drop out in the non-game condition

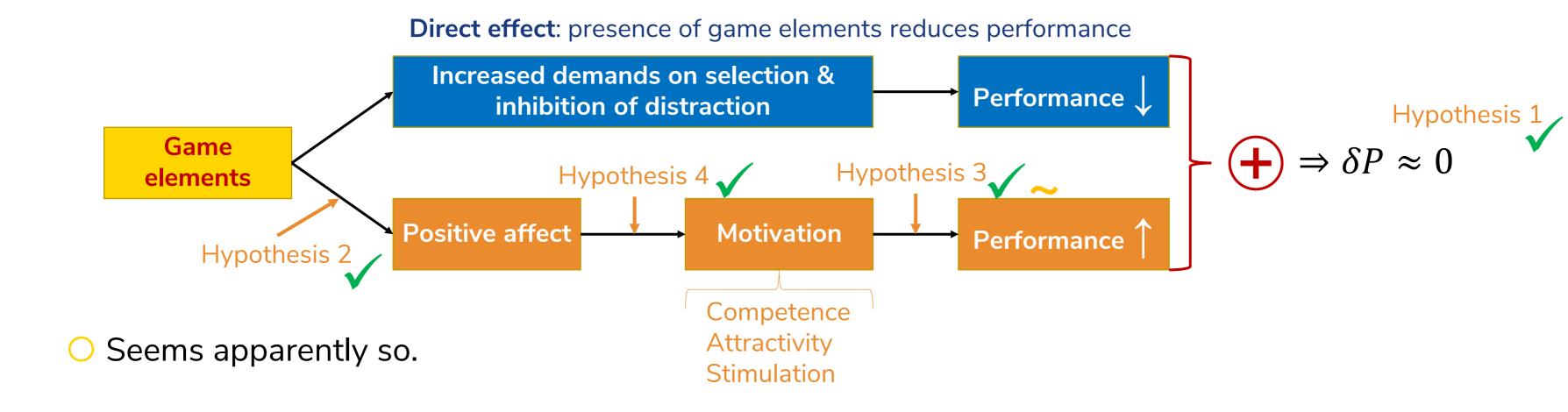
What else did we find?

## Discussion: There and Back Again



O Could this scheme be a viable explanation for our previous results?

(Huber et al., 2023; doi:10.1016/j.chb.2023.107948)



Research question revisited 17

#### Discussion



What are the mechanisms? How do game elements induce PA/motivation?

(Sander et al., 2023; doi:10.1515/REVNEURO.2003.14.4.303) "An event is relevant for an organism if it can "Positive stimuli, such as happy Earlier speculation: attractivity of game elements significantly influence (positively or negatively) the attainment of his or her goals, (Huber et al., 2023; doi:10.1016/j.chb.2023.107948) the satisfaction of his or her needs, the maintenance of his or her own well-being, Objective vs. perceived attractivity and the well-being of his or her species." Attracts attention: gaze, head orientation, pupil dilation, blink

**Attractivity**<sub>obj</sub>

expression, blink inhibition Signals relevance: "Engage with me" → activation of sympathetic nervous system (arousal) **Invites exploration** and (cognitive) elaboration

Induces motor response: eye &

head movements, facial

inhibition

**Engaging with** appealing stimulus is rewarding in itself **Engagement** reinforcing engagement

faces, amusement-inducing and erotic pictures or movies. can also be **relevant because** of their intrinsic pleasantness inviting the organism to engage with the event."

Intrinsic

motivation

18

What are the mechanisms?

#### **Outlook**



- $\bigcirc$  Gaze, head orientation, pupil dilation, blink inhibition, eye & head movements, facial expressions, arousal  $\rightarrow$  all this is actually measurable
- Laboratory study employing the same experimental paradigm but also assessing
  - Electrodermal activity (EDA)
  - Electrocardiography (ECG)
  - Facial expression analysis (FEA)
  - Eye-tracking







Outlook 19

#### **Outlook**

1 week later:Delayed recallPersonality questionnaires



ASKU PANAS SAM EES SAM SAM SAM SAM SAM SE Imm. Recall SI&SE SI&SE SI&SE SI&SE 20 symbols 20 symbols 20 symbols 20 Symbols 20 Symbols ٠.

Psychophysiological assessment

Procedure 20

#### **Outlook**





- O Many more planned studies to go beyond the limitations of the just presented one:
  - Clarify mediation results for learning efficiency (replication studies)
  - Clarify relation between self-efficacy, game elements, and attrition (large-scale online replication study)
  - How do results depend on comfort/familiarity with (serious) games?
  - How do they depend on prior knowledge or existing expertise with memorization tasks?
  - How do they depend on the value assigned to the task by the participants?
  - What does the difference in perceived competence mean? Overreliance in the case of game elements or misjudgment in the case of less gameful condition?
  - How do individual game elements contribute? (Finer & further resolution of the gamefulness dimension)

Outlook 21

#### Conclusions





#### We conducted

- a value-added, online experiment
- to test the hypothesis of antagonistic effects of game elements on cognitive learning outcomes
- and their mediation via positive affect and motivation.
- Our results indeed suggest
  - that the additional cognitive demands introduced by game elements
  - are effectively balanced by their indirect effects along the affect-motivation-cognition pathway
  - in agreement with the ICALM model.
- We outlined further studies based on our experimental paradigm to shed further light on the mechanisms by which game elements can influence learning.

Conclusions 22

# **Questions?**





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Questions?